

Virtual and In-Person Professional Development Opportunities *2025-2026 Offerings for Schools and Districts*

Aspects of SEL Implementation in Your Community

Systemic SEL (Implementation University)

Transform your school's SEL journey with this training. Participants learn how to apply research-backed rubrics in real classrooms, use powerful tools like the DESSA to measure student growth, and master strategies to gain staff buy-in through the Diffusion of Innovation framework—all while building the skills to lead systemic, sustainable SEL implementation across your school or district.



[Learn More](#)

Refining the SEL Lens (Implementation University)

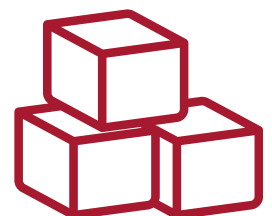
Give your educators the tools to see their work through a powerful SEL lens. This training equips school teams to evaluate their current SEL practices, align staff roles, and harness the UARSP portal and matrix to plan for stronger, high-quality implementation—backed by research and proven impact on student outcomes.



[Learn More](#)

Foundations of SEL

Ground your staff in the essential skills of Social-Emotional Learning and their direct connection to teaching and learning. In this session, educators build a clear understanding of SEL competencies, reflect on how they show up in their classrooms, and learn practical strategies to model and foster SEL every day.



[Learn More](#)

Student First SEL

When students' voices, identities, and cultures are at the heart of SEL, learning becomes a source of empowerment. This training equips educators to create practices that honor every background, foster true belonging, and build lasting connections—ensuring SEL uplifts rather than confines.



[Learn More](#)

Learning is Social and Emotional

Discover how SEL fuels great teaching. In this session, educators will learn to integrate powerful instructional strategies with SEL skills, creating classrooms where academic success and emotional growth thrive together.



[Learn More](#)

SEL and Assessment

Leading with Student Voice

Unlock the power of student voice with SEL assessment data that sparks meaningful conversations and goal setting. This training equips educators with strategies to amplify agency, strengthen self-awareness, and deepen engagement—creating classrooms where students feel valued, motivated, and empowered.”



[Learn More](#)

SEL and DESSA Assessment

Harness the power of data to strengthen social-emotional learning. This training guides educators in using the DESSA to uncover student needs, align SEL goals with schoolwide programs, and design actionable strategies that advance both academic and emotional growth.



[Learn More](#)

Trauma-Informed Approaches and SEL

Build Coherence

Participants will explore the core components of trauma-informed practices, examine their school for existing strategies, and align them within SEL frameworks to build consistency and resilience.



[Learn More](#)

Unveiling the Link Between SEL and Trauma

Understand the deep connection between trauma and student success. This training empowers educators to recognize the impact of trauma, reframe challenging behaviors, and proactively teach SEL skills that foster resilience and academic achievement.



[Learn More](#)

Mental Health and SEL

SEL and Mental Health

Reimagine mental health support through the lens of SEL. This training equips educators to build protective factors, embed coping strategies into everyday practice, and foster school communities where resilience, connection, and well-being thrive.



[Learn More](#)

Equity and SEL

SEL and Equity Part 1

Lay the foundation for equity-centered SEL by examining identity, privilege, and power. Educators learn to build socio-cultural awareness, strengthen relationships, and create inclusive classrooms where every student feels seen and supported.



[Learn More](#)

SEL and Equity Part 2

Take your equity work deeper with SEL as a lever for justice. Educators will learn to embed culturally responsive strategies into curriculum and classroom management, affirm student identities, and foster belonging to ensure every learner thrives.



[Learn More](#)

SEL and Tough Conversations Around Race

Equip your team with the SEL tools to lead honest, constructive conversations about race and equity. This session builds educator confidence in navigating sensitive topics while fostering dialogue, trust, and collective growth.



[Learn More](#)

Instructional Practice and Content Areas

Learning is Social and Emotional

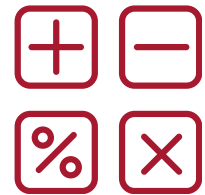
Transform teaching by integrating SEL into powerful instructional strategies. Through academic discussions, cooperative learning, and reflection, educators will learn to cultivate classrooms where engagement and social-emotional growth flourish side by side.



[Learn More](#)

Putting Two and Two Together

Math can be more than numbers—it can be a place where students grow as thinkers and as people. This session shows educators how to weave SEL into mathematical practices, fostering perseverance, collaboration, and self-management alongside academic achievement.



[Learn More](#)

Under the Microscope

Bring curiosity and collaboration to life in science classrooms by embedding SEL into labs, projects, and inquiry. Educators will connect NGSS standards to SEL skills, showing students how science builds resilience, teamwork, and problem-solving.



[Learn More](#)

Who is Your Narrator

Make literacy a launchpad for SEL. This training helps teachers connect ELA standards with SEL competencies—using reading, writing, and discussion to foster empathy, self-awareness, and critical thinking.



[Learn More](#)

Fostering Engaged Learning

Powerful learning begins with strong student–teacher connections. In this session, educators will explore strategies to deepen emotional support, strengthen classroom organization, and enrich instructional dialogue—creating classrooms where students thrive.

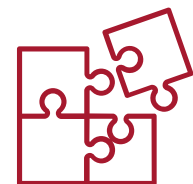


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Special Education

Integrating Special Education Accommodations with SEL

Unlock the full potential of accommodations by pairing them with SEL. This session equips educators to design inclusive practices where social-emotional skills amplify accommodations—helping students with diverse needs build confidence, resilience, and academic success.

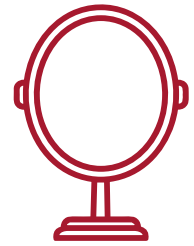


[Learn More](#)

Adult SEL

Awareness by Example

Great SEL starts within. This session invites educators to reflect on their identity and self-awareness, explore mindfulness practices, and embrace growth opportunities—so they can model resilience, authenticity, and purpose for their students.



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Time Waits for No Teacher

Teaching is demanding—but it doesn't have to be depleting. This session equips educators with strategies for time management, self-care, and sustainability, helping them develop healthy habits that keep them energized, effective, and present for every student.

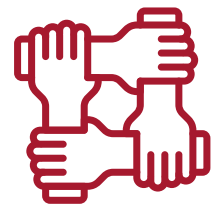


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Counselors

It Takes a Village

Break down silos and build a unified SEL community. This session helps counselors, teachers, and leaders align practices, create consistent supports, and ensure every student experiences a coherent, schoolwide SEL approach that fosters resilience and long-term success.



[Learn More](#)

Educators

Supporting the Supporters

Strong schools begin with resilient educators. This PD invests in the well-being of teachers and staff, equipping them with sustainable self-care routines and strategies to prevent burnout—so they can continue supporting students with compassion, purpose, and energy.



[Learn More](#)

Parent Integration

Guardians of SEL

Strengthen the bridge between school and home by engaging guardians as partners in SEL. This training empowers educators to align values, build coherence across environments, and leverage family expertise so students receive consistent support in every setting.



[Learn More](#)

Competency based PD's

Empathy in Action

Transform classrooms by leading with empathy. This training empowers educators with strategies like empathy mapping and perspective-taking to foster authentic relationships, challenge stereotypes, and create trauma-informed learning environments where all students are recognized, respected, and valued.

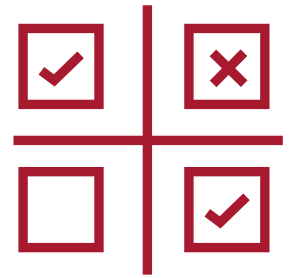


[Learn More](#)

Scope and Sequence for Leadership

So You Think You Prioritize SEL?

Challenge assumptions and uncover what truly drives SEL success in your school. Through a guided framework, educators assess their practices, identify priority areas, and leave with a concrete, goal-driven action plan for stronger SEL implementation.



[Learn More](#)

Cultural Responsiveness and SEL

The Ripple Effect

Create lasting change by centering relationships and cultural responsiveness in SEL. This interactive session helps educators strengthen connections, honor student identities, and integrate equity-driven SEL strategies into daily instruction—building a ripple effect that transforms classrooms, schools, and communities.



[Learn More](#)